



THE NYC DCP EMPLOYEE ASSISTANCE PROGRAM (EAP) IS HERE FOR YOU AND YOUR FAMILY MEMBERS.

WE CONTINUE TO OFFER SERVICES THAT ADDRESS:

- MENTAL HEALTH
- STRESS MANAGEMENT
- SUBSTANCE MISUSE
- SELF-CARE
- EDUCATION
- REFERRALS AND RESOURCES

ALL SERVICES ARE FREE AND CONFIDENTIAL.

YOU CAN CONTACT US BY EMAIL, [EAP@OLR.NYC.GOV](mailto:EAP@OLR.NYC.GOV) OR PHONE, 212-306-7660, TO SCHEDULE AN APPOINTMENT.

FOR MORE INFORMATION, YOU CAN VISIT OUR WEBSITE AT [NYC.GOV/EAP](http://NYC.GOV/EAP)